

Wednesday Night Practice Sessions
9pm to 10.30pm
Court 1

Date	Session Title	Session Leader	Invitation/Sign up
October 4th	Match practice	Jacky	By invitation
October 11th	Serving Practice	Alex	Sign up
October 18th	Back hand	Zeyar	Sign up
October 25th	Match practice	Jacky	By invitation
November 1st	Match practice	Jacky	By invitation
November 8th	Footwork & Positioning Drills	Alex or Zeya	Sign up
November 15th	Drop shot drills	<i>Brian (TBC)</i>	Sign up
November 22nd	Serving Practice	Jacky	Sign up
November 29th	Match practice	Jacky	By invitation
December 6th	Smash/defend Attack	David Eves (TBC)	Sign up
December 13th	Improvers	Zeyar (TBC)	Sign up
December 20th	Christmas Tournament	Nicola	Sign up

Notes

Practice sessions will run on court 1 each Wednesday from 9pm until 10.30pm.

These sessions will be pre-arranged and members be invited to participate or asked to sign up in advance. Those members taking part are expected to come to club from the start ie. 7:30pm to have plenty of time to warm up and so that the session can start promptly. Club night will continue as normal on Court 2

The aim is for there to be a mix of events on the Wednesday involving different members from week to week with something for everyone.